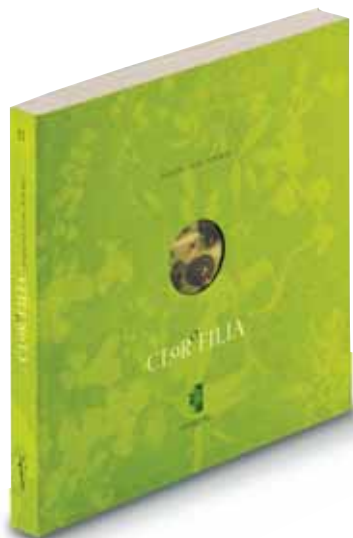


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2004

Andoni Luis Aduriz

Collection: Mugaritz Gastronomy Notebooks

22x22 cm. 240 pages Spanish
Paperback, sewn with vegetable thread, paper promotional band, Shrinkwrapped

Photography: J. L. López de Zubiria

introductory texts: J.P. Cardenal and Michel Bras
literary stories regarding the original herbs: Unai Ugalde, Hasier Etxeberria and Miguel Sánchez-Ostiz
Advising: the Aranzadi Society of Sciences, Iñaki Aizpuru and Paco Garín

ISBN: 84-933853-0-1

Rp: 60€



There was a time when our elders did not distinguish among gastronomy, pharmacopeia and magic. They named everything and, among others, the plants which, due to their qualities, were curative, terrible poison or simply delicious. The domestication of the plants by means of agriculture has destroyed, in part, this close relationship between men and nature.

In Mugaritz, with the scientific and aesthetic help of biochemist Unai Ugalde, literally leaked by writers Hasier Etxeberria and Miguel Sánchez-Ostiz and advised by botanists of the Aranzadi Society of Sciences, Iñaki Aizpuru and Paco Garín, we have recovered a selection of 50 wild plants, and we offer an original cookbook, which modestly aims to begin a new dialogue with chlorophyll. But one thing is for sure: it is not suitable for vegetarians.