

# LAS PRIMERAS PALABRAS DE LA COCINA

LITTLE GLOSSARY ON COOKING



UNAI UGALDE  
DANI LASA  
ANDONI LUIS ADURIZ



cuadernos mugaritz de gastronomía

After Foie-gras, Clorofilia and Bestiarium Gastronomicae, the fourth Mugaritz Gastronomy Notebook has been published. Las primeras palabras de la cocina (First words in cooking) offers the answers to many questions we did not dare to ask, for we considered that everyone knew the reply...

The aim of this little cooking glossary is to show a more complete view of cooking by means of a simple vocabulary decoding exercise - in other words, to figure out its mysteries by means of science, art and the rest of the materials that human knowledge has developed, so that the practice of a mutilated version of cooking is abandoned for good.



Format: 22x22 cm · No. of pages: 192 · Binding: paperback, sewn with vegetable thread.  
Paper sleeve · 2009 · Language: Spanish  
40 cooking terms and 40 illustrated recipes for each method.  
Authors: Unai Ugalde · Dani Lasa · Andoni Luis Aduriz · Pictures: J.L. López de Zubiria  
Collaboration: AZTI-Tecnalia y De Dietrich · Price: 28,50 €



mugaritz